



# GOVERNMENT ARTS AND SCIENCE COLLEGE, KOVILPATTI - 628503

(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)

## STAY HOME – STAY SAFE – STAY FIT DURING AND POST COVID-19 PERIOD WITH YOGA

**7 DAYS - YOGA PROGRAMME – Zoom Meet**  
**1-6-2020 to 7-6-2020 (10 to 11 A.M)**

**Organised by**  
**NATIONAL SERVICE SCHEME AND**  
**SKY-YOGA-ALAGUVEL NAGAR MANAVALAKALAI TRUST,**  
**KOVILPATTI**

**Chief Guest** : A/N. G MURUGAVEL., M.Com.,M.A..(YHE),  
SKY Professor

**Presidential Address** : Dr. R. RAVICHANDRAN , M.Sc.,Ph.D.,  
Principal , GASC,Kovilpatti

**Felicitation Address** : Dr. I. JOSEPH SURESH, M.A.,M..Phil.,Ph.D.,  
Head, PG Dept of English,  
GASC, Kovilpatti

FREE REGISTRATION

E -CERTIFICATE WILL BE ISSUED

**REGISTRATION LINK TO JOIN THIS PROGRAMME:**

<https://forms.gle/3FEXcUEdVnWYwCQQA>

ORGANISER

**Dr. R. Nirmala,**  
**NSS PROGRAMME OFFICER,**  
**UNIT NO. 33**  
**GASC, Kovilpatti.**

